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| --- | --- | --- |
| Sam Allison |  | Veronica Hill |
| Superintendent |  | Personnel Director |
|  |  |  |
| Stefanie Jones | 1053 Hwy 45 South – Columbus, MS 39701(662) 244-5000 – Fax (662) 244-5043 | Matt Keith |
| Assistant Superintendent – Student Services |  | Assistant Superintendent – Support Services |
|  |  |  |
| Sayonia Garvin |  | Dr. Christy Adams |
| Business Office/Administrator | **“*Challenge all students to attain their greatest potential.”*** | Curriculum Coordinator |



Abstinence Only Education

Opt-In/Opt-Out

Notification to Parents/Guardians:

The Lowndes County School District (LCSD) Public Schools Board of Education has approved an AGE-APPROPRIATE 6th-9th grade Abstinence-Only Education Curriculum for students enrolled in a LCSD school. On the next page there is an outline of what areas will be covered in each grade level.

In compliance with State laws (MS HB 999) we wish to inform you of your right to review any/all of the curriculum materials.

You have the right to exclude your child without penalty in participating in these classes. See below for the exclusion options.

Sincerely,

Sam Allison, Superintendent

Parent Permission to Allow Student to Participate

\_\_\_\_\_\_ My child may participate in the instruction outlined in this correspondence.

\_\_\_\_\_\_ My child may not participate in the instruction outlined in this correspondence.

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Setting Goals***

 “Goal Setting” Video Segment One

 What is a Goal?

 Avoiding Detours

 Character Application: Determination

***Making the BEST Decisions***

 “Making the BEST Decisions” Video Segment Two

 Alcohol, Sex and Date Rape

 How to Make the Best Decisions

 Character Applications: Wisdom

***Avoiding Pregnancy***

 “Avoiding Teen Pregnancy” Video Segment Three

 Reducing the Risk of Teen Pregnancy

 A Budget for Baby

 Character Application: Responsibility

***Avoiding STDs***

 “Avoiding the Risk of STDs” Video Segment Four

 The Most Common STDs

 What About “Safe Sex”?

 Character Application: Honesty

***Developing the BEST Relationships***

 “Developing the Best Relationships” Video Segment Five

 Avoiding Relational Traps

 Building Self-Esteem

 Character Application: Self-Respect

***Choosing Abstinence Until Marriage***

 “Choosing the Best” Video Segment Six

 Emotional Consequences

 Compatibility, Character, Commitment

 Character Application: Making Healthy Choices

***Overcoming the Pressure***

 “Overcoming the Pressure” Video Segment Seven

 Media Pressure

 How to Overcome Pressure

 Character Application: Self-Discipline

***Being Assertive***

“Developing Refusal Skills” Video Segment Eight

Developing Assertiveness Skills

YES-NO-YES Role-plays

Character Application: Courage